

The Respiration Dance

Dedicated to the students of Westwood High School in Austin, Texas who have loved it for years

Words	Actions
The sun shines down	Hands over head like sun
Electrons are excited	Squat then raise hands high
Energy is stored in the bonds of glucose	Clap hands together
Animals eat it, digest it, transport it	Hands to mouth, stomach
Lub Dub, Lub Dub	Hands in circle around torso
Glucose enters the cells with the help of insulin	Six fingers up, move to right
It's broken into two pyruvic acid	Three fingers on each hand
Which enter the Krebs cycle	Two fingers on each hand, circle, blow out carbon
Electrons are stripped off	Switch to last two fingers
And go down the electron transport chain	Hop fingers along imaginary path
Poof...ATP	Clap hands together

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